

ORGANIC PRICE COMPARISON CHEAT SHEET

| | WHOLE FOODS | COSTCO | TRADER JOE'S | WALMART |
|------------------------|--------------------|--------------------|--------------------|--------------------|
| WHOLE CHICKEN | \$2.99/lb | \$1.99/lb | \$2.69/lb | No Organic |
| B/S CHICKEN THIGHS | \$5.99/lb | \$4.49/lb | \$4.99/lb | \$5.24/lb |
| GROUND BEEF | \$6.99/lb | \$4.99/lb | \$5.99/lb | \$5.98/lb |
| GROUND TURKEY | \$9.99/lb | \$4.99/lb | No Organic | No Organic |
| TURKEY BREAST | | | | |
| DELI MEAT | \$8.99/10.5 oz | \$10.39/lb | \$4.99/6 oz | No Organic |
| WHOLE WHEAT BREAD | \$4.99/loaf | \$4.99/loaf | \$2.99/loaf | \$2.99/loaf |
| BABY CARROTS | \$1.69/lb | \$1.10/lb | \$1.29/lb | \$1.98/12 oz |
| GALA APPLES | \$1.99/lb | \$1.64/lb | \$1.20/lb | \$1.32/lb |
| YELLOW ONIONS | \$1.69/lb | No Organic | \$1.40/lb | \$1.15/lb |
| BANANAS | \$0.69/lb | No Organic | No Organic | \$0.68/lb |
| POTATOES | \$0.89/lb | No Organic | No Organic | \$0.99/lb |
| STORE BRAND YOGURT | \$3.99/32 oz | \$5.69/48 oz | \$3.99/32 oz | \$3.97/32 oz |
| STORE BRAND WHOLE MILK | \$3.49/half gallon | \$3.50/half gallon | \$3.49/half gallon | \$3.49/half gallon |
| ORANGE JUICE | \$4.49/half gallon | No Organic | \$4.49/half gallon | No Organic |
| LARGE EGGS | \$3.99/dozen | \$3.25/dozen | \$3.79/dozen | \$3.97/dozen |
| APPLESAUCE | \$2.79/24 oz | \$2.99/47.25 oz | \$2.79/24 oz | \$2.62/23 oz |
| PEANUT BUTTER | \$3.99/16 oz | \$4.99/28 oz | \$3.49/16 oz | \$4.48/16 oz |
| OATMEAL | \$5.29/42 oz | No Organic | \$2.69/18 oz | \$2.98/24 oz |
| CHICKEN BROTH | \$2.29/32 oz | \$1.67/32 oz | \$1.99/32 oz | \$2.48/32 oz |

